

Public Speaking

Peter Dhu, Public Speaking Dynamics

What separates good speakers from the rest



Gavin Blakey, one of Australia's most experienced speakers describes the 8 P's of public speaking greatness. (Source, Secrets of Great Public Speakers Exposed, Dale Beaumont)

Passion – speaking from the heart about a subject that you truly believe in. Audiences see, hear and feel the passion of a truly great speaker

Pause – pausing on stage takes great courage, but short periods of silence is a powerful way to get your message across

Persuasive – the act of building trust and convincing an audience consider or even accept another point of view

Positive – upbeat, positive language that leaves the audience feeling that together we can make a difference

Power – strong messages delivered with carefully chosen words, a resonant voice, and congruent body language

Praise – speaker gives credit to others

Prepared – using well chosen words for a well researched presentation that is delivered fluently and meets the needs of the audience

Presence – the speaker and their message both radiate from the stage

How many P's do you utilise when you are presenting? Are there any Ps missing. Use this checklist to self monitor and improve your speaking.

The 10,000 Hour Rule

Malcolm Gladwell in his book, "Outliers, The Story of Success" talks about the 10,000 hour rule. Gladwell looks at a range of great people, sports stars, musicians, lawyers and computer genius's. The common thread that binds all of these successful people together is a set of circumstances that has enabled them to accumulate 10,000 hours of practise across a 10 year period. One of the subjects he studied was the Beatles. Did you know that before they became famous, they used to travel to Hamburg in Germany and do gigs in clubs? They went to Hamburg 5 times between 1960 and 1962 and played up to 106 nights straight, each night playing for 5 to 6 hours straight. That's a lot of hours over a 2 year period. Before their first success in 1964 they had performed live an estimated 1200 times. This is what made them great. Bill Gates had the same opportunity and spent 10,000 hours programming computers by the age of 20.

Now I am not saying that you need to spend 10,000 hours to improve your public speaking, but you can see the lesson in practise and preparation. But 10,000 hours should make you a master of public speaking.

"If you get handed a lemon, then make lemonade"

Zig Zigler

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Coaching

"Coaching focuses on future possibilities, not past mistakes" – John Whitmore

Public Speaking Dynamics provides small group coaching in the area of presentation and public speaking skills. If you have a presentation coming up, a wedding speech, conference presentation, university tutorial or job interview and you would like to work in a small group to enhance your skills and get constructive feedback, then this is for you. In groups of 3 or 4 over a 2 hour period, I can really focus on enhancing your presentation, develop your speaking skills and give you strategies to use so that your presentation goes off successfully.

You also learn to monitor and evaluate and provide feedback to other speakers in the group. You learn to listen, observe and identify aspects of other speakers that you like and you can then integrate what you learn into your own speaking style. This is a very powerful experiential learning tool, where you are practicing and receiving feedback and also listening, analyzing and giving feedback to other speakers.

Tim Gallwey, author of *The Inner Game* defines coaching as –“Coaching is unlocking a person’s potential to maximize their own performance. It is helping them to learn rather than teaching them.” And a small group setting is perfect for learning and maximizing your public speaking skills.

What do you want to hear about

This is the fifth edition of my newsletter. Most times I write about subjects and questions that are raised during my public speaking workshops. But this may not be what everyone wants to hear about. Do you have any specific questions or areas in the public speaking and presentation arena that you would like me to address? I am always looking for new ideas and new content for the newsletter, so your questions would be most welcome. Just email them to me and I will respond to them in the next news letter.

Upcoming Workshops

Date	Event	Location	Status
22 Jan Full Day	Winning Presentation Skills; Public Speaking With Confidence and Poise	Perth	Open
27 Jan Full Day	Winning Presentation Skills; Public Speaking With Confidence and Poise	Melbourne	Open
28 Jan Full Day	Winning Presentation Skills; Public Speaking With Confidence and Poise	Melbourne	Full
2 Feb Half Day	How to overcome your fear of public speaking and begin speaking confidently	Bunbury	Open
3 Feb Full Day	Winning Presentation Skills; Public Speaking With Confidence and Poise	Bunbury	Open
17 Feb Full Day	Winning Presentation Skills; Public Speaking With Confidence and Poise	Sydney	Open
22 Feb Half Day	Thinking and Speaking Off the Cuff	Sydney	Open

Public Speaking Dynamics specialises in designing and delivering in-house workshops to meet an organisations specific needs. Contact Peter for more information.

Contact me if you are interested in small my group coaching sessions for presentation and public speaking skills.