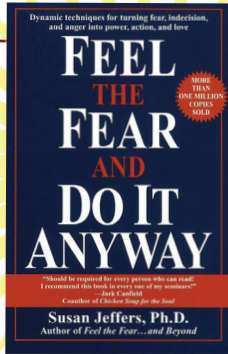


# Feel the Fear and Do It Anyway<sup>©</sup>

Inspiring You With Changes For Life



Monday 20 February 2012 / 9.30am – 4.30pm / Cost \$150 +GST  
Ross House, Melbourne



Find enthusiasm,  
direction and  
purpose in life

These workshops  
use tried and  
tested strategies  
that have helped  
over 12 million  
people  
worldwide

## Workshops aimed at improving your life

The Susan Jeffers international best selling self development book, **Feel the Fear and Do It Anyway** is available as a tutored workshop from Peter Dhu. Throughout the workshop attendees will learn strategies to help them overcome limiting beliefs, empower them to cope with challenges, help them to overcome fear and self doubt and to make the decision that will improve their lives – to feel the fear and do it anyway.

## You'll Learn How To

- See yourself as having purpose and meaning
- Raise level of self esteem & let go of negative programming
- Understand the concept of fear and how to handle it
- Create more love, trust and satisfaction in your life
- Make dreams become reality through making decisions
- Eliminate negativity and create positivity around you
- How to change reactions to situations



## What Other People Say

- This workshop can be life changing if you use the tools you are given
- This is the workshop that helped me to change the way that I am feeling when I feel negative
- Learn in a friendly atmosphere and a safe environment
- This workshop helped me to understand that I can change & that I should not fear it

## Feel the Fear and Do It Anyway: Inspiring You With Changes For Life

REGISTRATION

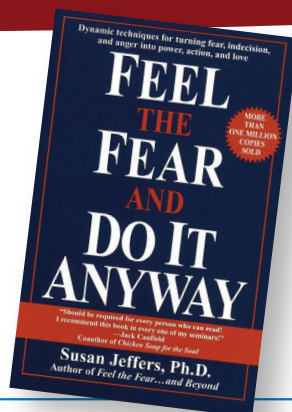
<b>Date</b>	Monday 20 February 2012
<b>Venue</b>	Ross House 247 Flinders Lane, Melbourne VIC 3000 Sue Healy Room, Mezzanine Level
<b>Time</b>	9.30 am to 4.30 pm
<b>Investment</b>	\$150 + GST
<b>What's included</b>	Morning and afternoon tea



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## Biography

Peter Dhu, an experienced and acclaimed speaking trainer and coach for over 20 years, has helped thousands of people overcome their fear of speaking and become more confident and effective in the delivery of their presentations.

His style is inspirational. He uses his own story of adversity mixed with experiential learning, example and theory and customises it for all learning styles. A medical scientist by profession, Peter has also studied extensively in the area of business and leadership, culminating in his Masters of Business and Administration and Diploma in Professional Coaching. Peter has extensive experience in the area of business communication, presentation skills and personal effectiveness.

*"The best way out is always through"*  
— Helen Keller

Before starting his own consulting business he worked for the WA Health Department for 30 years in senior management positions. While there, Peter managed the Organ Donation Agency, one of the state wide health programs. He also represented the department and government on many state and national committees and working parties. High level business communication skills, including writing speeches for the Minister, negotiation and networking were essential in Peter's success in these roles.

*"Ships in the harbor are safe, but that's not what ships are built for."*  
— John Shedd

*"I am not a failure if I don't make it ... I am a success because I tried."*  
— unknown

*Space is Limited  
Register Today!*

Please bring your own copy of **Feel the Fear and Do It Anyway**  
Register for Susan Jeffers Newsletter at [www.susanjeffers.com/home/joinlist.cfm](http://www.susanjeffers.com/home/joinlist.cfm)

Name of Participant \_\_\_\_\_

Phone Number \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_

Return to: Peter Dhu at [peterdhu@bigpond.net.au](mailto:peterdhu@bigpond.net.au)  
or 115 Tower Street, West Leederville WA 6007 or Fax 08 6314 1620

On receipt of your registration I will send out a tax invoice for payment before the workshop.  
Payment can be made via cheque, money order, EFT bank transfer or via credit card using PayPal.

REGISTRATION